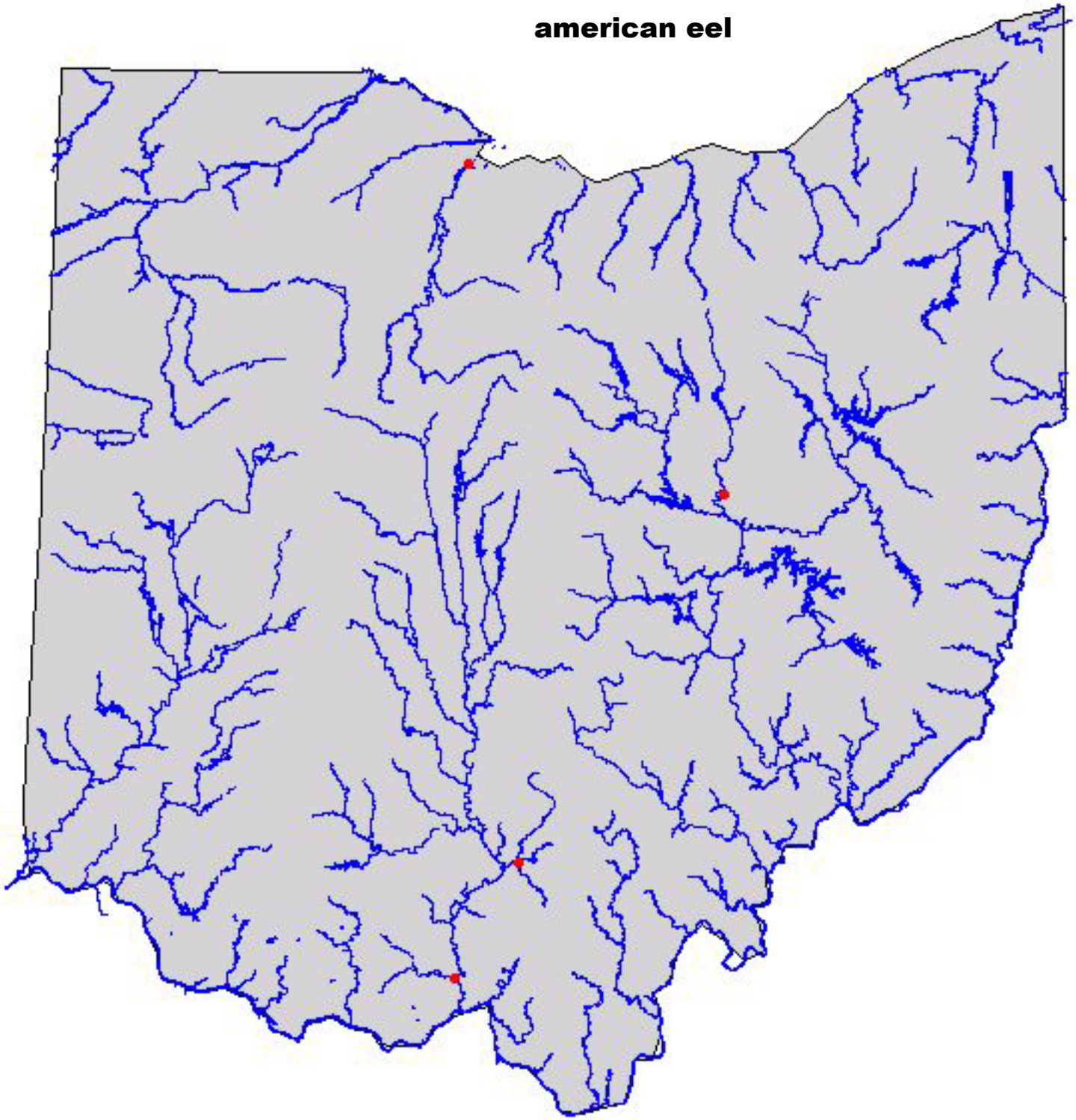american eel