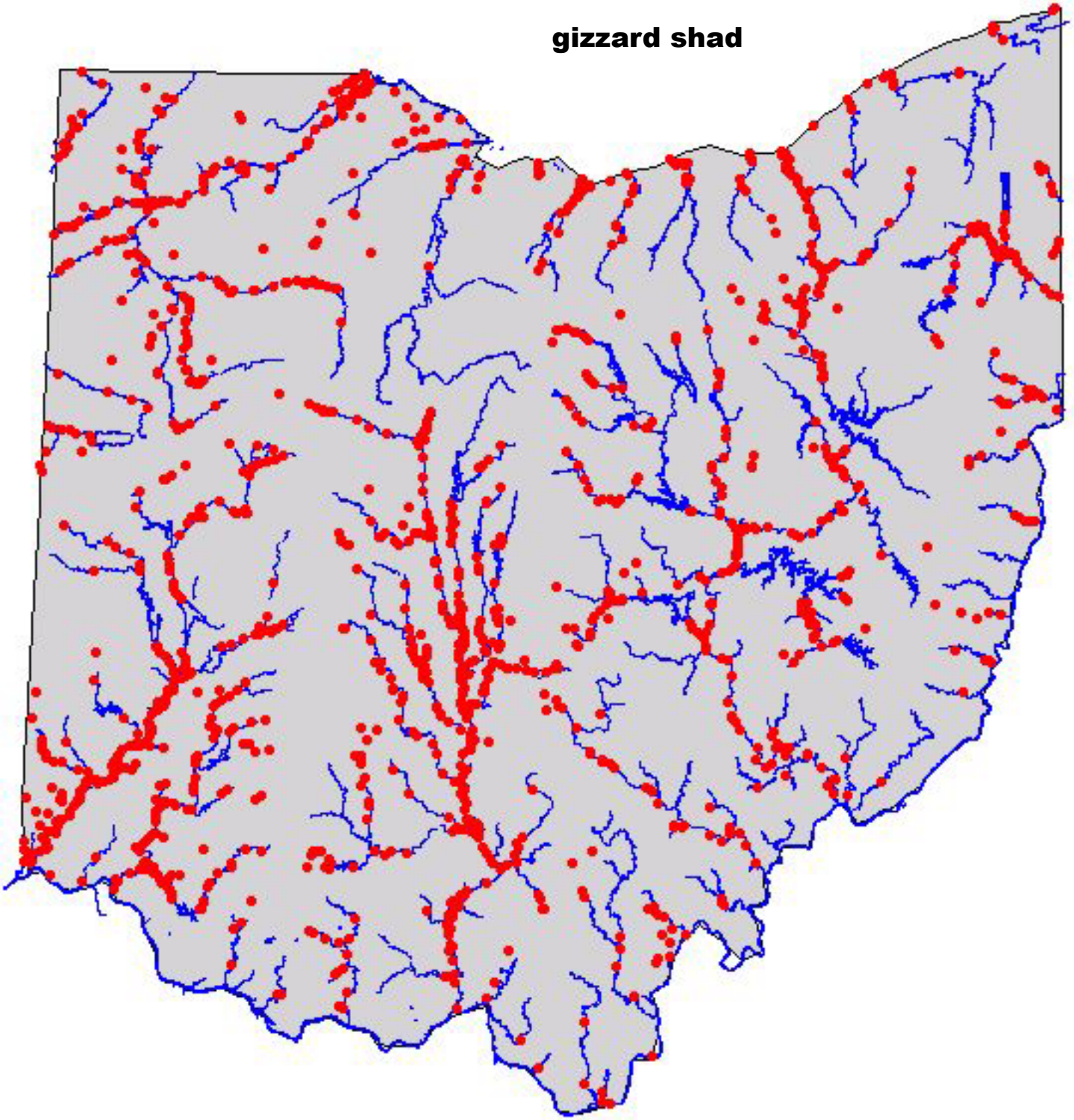gizzard shad